Lunch

Ciao Bella
ITALIAN GRILL AND BAR

APPETIZERS

SOUVLAKIA 10
marinated pork tenderloin, grilled in lemon & olive oil

ANTIPASTO (for 2) 12 (for 4) 24
artisan meats, cheeses, & vegetables

BRUSCHETTA MILAZZO 10
toasted baguette topped with roma tomatoes, prosciutto di parma, basil & extra virgin olive oil

FRIED OYSTERS 15
gulf oystyers, spiced horseradish aioli

CAPRESE 10

BATTERED EGGPLANT FRIES 9

TOSTADI RAVIOLI (4) 8
cheese, meat or combination

WARM GOAT CHEESE DIP 9
goat cheese topped with heirloom tomatoes

CARCIOFI ALLA ROMANA 6
flash fried roman artichokes, basil pesto aioli

TUNA ALMOND AVOCADO STACK 16
tuna, almonds & avocado stacked and drizzled with chili oil & balsamic reduction. served w/toasted baguette.
(!) Contains Raw Tuna

SOUPS & SALADS

AVGOLEMONO
Chicken, lemon, carrots, celery & orzo

TUSCAN PEASANT
pancetta, savoy cabbage, onion, garlic, roma tomatoes, carrots, rosemary & cannellini beans

PUREED WHITE BEAN & ROSEMAY
cannellini beans, rosemary, olive oil & croutons

6 (Cup) / 8 (Bowl)

CAESAR or HOUSE SALAD 6

ROMAINE WEDGE 10
romaine heart, applewood bacon, red onions, heirloom tomatoes, gorgonzola & bleu cheese dressing

WILD STRAWBERRY & SPINACI 10
spinach, strawberries, sweet & spicy walnuts, goat cheese & balsamic vinaigrette

CHOPPED 8
romaine, basil, cucumbers, roma tomatoes, bell peppers, red onions, sundried tomatoes, kalamata olives, pepperoncini, mozzarella, parmesan & champagne vinaigrette

GRECA 8
mixed greens, red onions, bell peppers, cucumbers, kalamata olives, pepperoncini, roma tomatoes, feta & italian vinaigrette

SOUP & SALAD 8
your choice of any cup of soup w/ caesar or house salad

DELUXE SOUP & SALAD 10
your choice of any cup of soup w/ chopped, greca or wild strawberry & spinaci (romaine wedge not included)

Add to Any Salad: Anchovies – 3, Applewood Bacon – 2, Joyce Farms Chicken – 6, Premium Faroe Island Scottish Salmon – 10, or Wild Gulf Shrimp – 8

ENTREES

BLOOD ORANGE SALMON 17
grilled premium faroe island scottish salmon w/blood orange balsamic reduction, heirloom tomatoes, basil, goat cheese & capellini

PAN SEARED SALMON 17
crispy pan-seared faroe island scottish salmon. served w/goat cheese risotto & grilled asparagus

BOSCAIOLA – CHICKEN 13 / SHRIMP 15
chicken scallopini or sautéed shrimp w/smoked chopped bacon, caramelized onions, mushrooms & white wine served over capellini

MARSALA – CHICKEN 13 / VEAL 18
chicken or veal scallopini w/sautéed spinach, mushrooms, marsala wine, demi glace & linguine

PICCATA – CHICKEN 13 / VEAL 18
chicken or veal scallopini w/lemon butter, capers & capellini served w/italian spinach

SANTORINI 13
dijon & greek yogurt marinated chicken w/feta, kalamata olives, orzo & spanakopita

PARMIGIANA 19
fried chicken scallopini, mozzarella, parmesan, marinara & spaghetti served w/italian spinach

BURGERS, SANDWICHES, & COMBOS

All Burgers, Sandwiches & Combos Served w/Chips.
Substitute Beer Battered Eggplant Fries – 2

BELLA BURGER 10
grass fed ground beef, romaine, tomato, red onion, roasted garlic aioli & brioche
(Fried Egg – 1 / Applewood Bacon – 1 / Provolone, Smoked Cheddar or Swiss - .50)

ITALIAN PANINI 9
capicola, genoa salami, mortadella, provolone, arugula, caramelized onions, roasted red peppers, roasted garlic aioli & focaccia

MONTERREY CHICKEN 9
roasted chicken, browned turkey, applewood bacon, swiss, romaine, tomato, roasted garlic aioli & ciabatta

MEATBALL SLIDERS (3) 9
homemade meatballs, provolone, marinara & mini-brioche

FRANCHESCA 9
capicola, pepperoni, browned turkey, provolone, banana peppers, romaine, tomato, italian vinaigrette, roasted garlic aioli & ciabatta

GRECA CHICKEN WRAP 9
roasted chicken, feta, cucumbers, bell peppers, kalamata olives, romaine, tomato, italian vinaigrette, & sundried tomato wrap

CHEF B's BRISKET STALLION 10
braised & shredded prime beef, applewood bacon, smoked cheddar, caramelized onions, romaine, tomato, spices, roasted garlic aioli & ciabatta

BLTA & E 9
applewood bacon, romaine, tomato, avocado, fried egg, roasted garlic aioli & wheatberry

THE HOAGIE 10
capicola, genoa salami, mortadella, pepperoni, browned turkey, provolone, banana peppers, romaine, red onion, tomato, oregano, olive oil,red wine vinegar, salt, pepper, roasted garlic aioli & baguette (cold sandwich)

DELUXE HALF SANDWICH & SALAD 14
Your Choice of a Half Sandwich w/Any Premium Salad
(*Burger, Sliders, Wrap, & Wedge Not Included)

HALF SANDWICH & SALAD OR SOUP 11
Your Choice of a Half Sandwich w/Any Cup of Soup, Caesar or House Salad ***(*Burger, Sliders, Wrap, & Wedge Not Included)***

Buon Appetito!

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PASTAS

SUN DRIED TOMATO PESTO LINGUINE 11
arugula, lemon olive oil, goat cheese, sundried tomato pesto & linguine
(Joyce Farms Chicken – 6 / Wild Gulf Shrimp – 8)

PENNE PESTO 14
artichoke hearts, kalamata olives, & roasted red peppers in basil pesto cream sauce
(Joyce Farms Chicken – 6 / Wild Gulf Shrimp – 8)

PAPPARDELLE LUCCHESI 18
heirloom tomatoes, mushrooms, roasted garlic, italian spinach, garlic butter & artisan pappardelle
(Joyce Farms Chicken – 6 / Wild Gulf Shrimp – 8)

FOUR CHEESE & PESTO RAVIOLI 17
4 cheese ravioli tossed in our basil pesto sauce & served over marinara

BEEF BRISKET GNOCCHI 15
shredded prime beef, portobello mushrooms, basil, pine nuts, veal reduction, parmesan cream sauce & gnocchi

CAPELLINI TOSCANA 11
garlic, roma tomatoes, basil, roasted red peppers, artichoke hearts, kalamata olives, capers, olive oil, white wine & capellini
(Joyce Farms Chicken – 6 / Wild Gulf Shrimp – 8)

CHICKEN CARBONARA 14
roasted chicken, pancetta, roma tomatoes, egg parmesan cream sauce & bucatini

MANICOTTI 14 / half 9
ricotta, mozzarella, parmesan & marinara

MANICOTTI CON SPINACI 15 / half 10
arugula, italian spinach, ricotta, mozzarella, parmesan & roasted red pepper cream sauce

LASAGNA 16
ground beef & pork, ricotta, mozzarella, parmesan & marinara

CANNELLONI 15 / half 10
ground beef, pork & veal, mozzarella, parmesan & marinara

PASTITSIO 15
seasoned grass fed ground beef, parmesan, cinnamon, nutmeg & long macaroni noodles topped with a creamy bechamel sauce signature dish

SPAGHETTI & MEATBALLS 10
hand made meatballs simmered in our marinara sauce

PENNE BOLOGNESE 10
ground beef & pork in a san marzano meat sauce

SPAGHETTI WITH ITALIAN SAUSAGE 10

10" CALZONES, FLATBREADS & PIZZAS

Pick One of Our Specialties or Create Your Own

RYAN TASHIE SPECIAL 13
pepperoni, kalamata olives, mushrooms, mozzarella & marinara

FIG & PROSCIUTTO BALSAMIC 15
prosciutto, figs, arugula, gorgonzola, mozzarella, pamesan & balsamic vinegar reduction

MARGHERITA 15
basil, fresh mozzarella & marinara

GREEK 13
roasted chicken, spinach, kalamata olives, roma tomatoes, bell peppers, oregano, garlic, feta & olive oil

ROASTED GARLIC & SAUSAGE 13
ground italian sausage, roasted garlic cloves, spinach, roasted red peppers, mozzarella, parmesan & olive oil

WHITE 15
roasted chicken, garlic, spinach, ricotta, feta, mozzarella & parmesan

BBQ CHICKEN 14
roasted chicken, roma tomatoes, scallions, red onions, smoked cheddar, mozzarella, parmesan, bbq sauce & marinara

CARNE AMANTE 15
italian sausage, pepperoni, meatballs, prosciutto di parma, mozzarella, parmesan & marinara

ORTOLANA 13
spinach, artichokes, black olives, roma tomatoes, feta, mozzarella, parmesan & marinara

PICCANTE 13
italian sausage, pepperoni, mushrooms, red onions, mozzarella, parmesan & marinara

CREATE YOUR OWN

Traditional Cheese – 10 (10")

ADDITIONAL TOPPINGS - .25

Baby Spinach, Banana Peppers, Black Olives, Artichokes, Extra Mozzarella, Green Olives, Jalapeños,Kalamata Olives, Mushrooms, Pepperoni, Pineapple, Red Bell Peppers, Red Onions,Ricotta, Roasted Garlic, Roasted Red Peppers, Roma Tomatoes, Yellow Bell Peppers

ADDTIONAL TOPPINGS - .75

Anchovies, Applewood Bacon, Arugula, Basil, Feta, Figs, Fresh Mozzarella, Goat Cheese, Heirloom Tomatoes,Italian Sausage, Joyce Farms (NC) Chicken, Meatballs, Pancetta, Pine Nuts, Portobello Mushrooms,Prosciutto Di Parma, Rain Crow Ranch (MO) Grass Fed Ground Beef, Smoked Cheddar, Sundried Tomatoes

SIDES

GARLIC BREAD w/ MARINARA 6
ITALIAN OR SAUTEED SPINACH 6
ITALIAN SAUSAGE LINKS (2) 8
MEATBALLS (4) 8
SPANAKOPITA 8
GRILLED ASPARAGUS 6

DESSERTS

BLUEBERRY LIMONCELLO BREAD PUDDING 7
CANNOLI 8
CHEESECAKE DUO (Regular or Gluten Free) 7
CRÈME BRULEE 8
MOLTEN CAKE 7
PEANUT BUTTER & CHOCOLATE PIE 8
TIRAMISU 7

BREAD & OLIVE OIL Available Upon Request at Lunch

18% GRATUITY WILL BE ADDED TO PARTIES OF 6 OR MORE. NO SEPARATE CHECKS FOR PARTIES LARGER THAN 20.
(!) CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, OR EGGS MAY INCREASE YOUR RISK OF FOODBOURNE ILLNESS.
CIAO BELLA SERVES WILD GULF SHRIMP, ALL NATURAL-FREE RANGE CHICKEN FROM JOYCE FARMS, WINSTON-SALEM, NC,
AND 100% GRASS FED GROUND BEEF FROM RAIN CROW RANCH, DONIPHAN, MO.

Buon Appetito!